



The Cross and Compass



St. Joseph Council #7528

<http://www.kofc7528.org>

Knights of Columbus

PO Box 24763

Federal Way, WA 98093-1763

The Knights of Columbus...a Catholic, Family, Fraternal, Service Organization

February 2006

A Message from the Grand Knight



As I am writing this, we are preparing for our third annual Crab Feed. I am so proud to be associated with an organization that can mobilize such a colossal event as this! And have fun doing it. The money raised by functions like this, is how we finance all of our activities as well as donate to the charities that we support. The

fraternal bonds and friendship that we develop with each other while working on a project like this are truly amazing.

However, that is just the beginning of the rewards we receive personally. There is a snow-ball effect. When we, through our purpose of charity, take the first step and open ourselves to God's grace, He blesses us many times over. As His grace touches our lives, we grow in our faith and it becomes easier to do more for the greater glory of God. We become stronger Catholics and better Knights. This process continues as we are shaped and molded into the instruments of God's will that we were designed to be. It is very likely that we are the last to notice the changes taking place in us, but those around us notice – the parish and the community.

Supreme Knight, Carl Anderson, said in the November issue of KnightLine that "there is a richness to the K of C experience that cannot be found elsewhere." We must constantly be aware that we are setting an example for those around us. As the famous line from the movie *The Blues Brothers* states, "we're on a mission from God." As members of this Brotherhood, we are obligated to share the benefits of Knighthood with our fellow Catholic men, just as we must spread the Good News of Christ throughout the world. As a matter of fact, by being involved and doing the things that we do as Knights, and allowing grace to grow in us, other men want to join us (that snow-ball effect again). All you have to do is invite them.

You have every right to be proud of the accomplishments of our Order. As Knights, we should each put some effort into learning what we can about the history of the Order and especially our founder, Father Michael McGivney. Become a member of the McGivney Guild.

Purchase and read a copy of the new book, *Parish Priest: Father Michael McGivney and American Catholicism*. If you can, purchase copies to give as gifts. It is just as important for nonmembers and non-Catholics to read this book as it is for members. By purchasing this book, we can help make it a best seller. That in turn will cause more recognition for the Knights of Columbus. Use the book to start conversations about Father McGivney and his vision for the Knights. All of this, will cause a boost in our name recognition and that will assist us with recruiting. And that is a very significant part of our mission.

After you invite someone to become a fellow Knight, as that new member's sponsor, help him to become fully qualified. Assist that fledgling Knight with the Shining Armor Award program. This will get the new member involved and up to speed. There are a number of criteria that must be met for this program and they must be completed in his first year. They are: attend 3 or more council business meetings, work on 3 council service programs, receive the Third Degree, meet with our insurance agent, and recruit one new member. When you think about it, all of these are pretty simple to do – the most difficult one on the list is to recruit a new member, but it isn't that hard, you just did it!

January is Right to Life month and if you ever have the opportunity to participate in the March for Life either in Olympia or in Washington D.C., I strongly urge you to do so. This is about choosing life. It is about letting our government know what we believe. It is also about defending those innocent lives of the not yet born. And it is about protecting those older human beings that may not be able to stand up for themselves as we work closer and closer to practicing euthanasia. Our own State is now talking about legalizing Assisted Suicide. Of course it is only to allow you the dignity to die, rather than suffer. However, I suggest that it is actually the next step in the progression away from God. "We don't need him anymore, since we can create and destroy life as we see fit." Evil has a way of creeping in and justifying itself. Stand in opposition to this perversion of life. Choose life!

Vivat Jesus!

Kevin Buck, GK

From the Deputy Grand Knight



.With the completion of the 3rd annual crab feed which was in part successful from the marketing and sales of tickets for our guests, it is time to put that sales effort towards the sale of Columbus Charities tickets. As mentioned in the January C & C I will have the books of tickets available at all council general membership and planning meetings, to sign over to the brother knights who will be asked to sell them to other parishioners and friends. This is a fundraiser for Columbus Charities and the council. The council is refunded about 40% of the ticket sales that is used to support the council charities.

There are many opportunities to sell the tickets: At council sponsored events such as the upcoming Spaghetti Dinner and the Fish Fry's during lent; after Sunday masses, and to your family and friends. Please see me at the council meetings or contact me at mwfay@comcast.net to request tickets to sell.

Mike Fay, DGK

Rosary

Please note that we say the rosary before each General Meeting of the year. This month, we will be starting at 7:00 pm in the Chapel before the General Meeting on February 7th, 2006.

Family of the Month

December – the Mike Hemmer Family

Knight of the Month

December - Ralph Horner

The Chancellor's Corner

By Ken Baune, Chancellor

This past month Tim Philomeno and I had the pleasure of attending the Winter Meeting. This gave us the opportunity to interact, learn and discuss various programs with the other councils. We discussed the methods to recruit and at the end of the day it simply boiled down to asking a good Catholic Gentleman to join us. No surprise there! Our council is a little behind

on our membership goal at mid year. The Crab Feed and Fish Fries will give us the opportunity to ask them to join.

Several Brothers are involved with "Shelter Home for Pregnant Teens". They allow a pregnant teen to live in their home until the baby is born. God Bless these Knights.

Pennies for Heaven is on the way to over \$100,000 this year. Pennies for Heaven will certainly help more seminarians fulfill their dream of becoming a priest.

There are two good books for Knights to read. The first: "Knights to Christ" Daily Devotions For Knights seeking Christ. I will have one available at the next general meeting for review. The second: "Parish Priest" Father Michael McGivney and American Catholicism. This book was advertised in the USA TODAY paper January 19, 2006, it was a full page, very impressive and satisfying to read as a Knight. I will bring a copy of the ad to the next meeting.

The five programs we will submit to State for review this year will be: Church, Community, Family, Youth, and Council. Please keep helping council 7528 be a success.

We are truly bound together by Unity, Charity, and Fraternity.

From the Council Youth Director

By Leo Herrera

Gentlemen, Its time for the Mardi Gras dinner for the Grapevine kids. It will be held on Monday February 27th from 5pm to 6pm. It will be a simple menu of corn dogs, chicken nuggets and tatar-tots. I will be passing around a sign-up sheet for help in the kitchen at our next general meeting. If you are unable to attend but still would like to help, you can contact me at: luckyleoh@hotmail.com or (206) 992-2918. We have 165 families with kids registered in our Grapevine program so we are hoping for a good turn out.

Blood Drive News

By Dave Caton, Jr., Health Care Minister

The Knights of Columbus and the Puget Sound Blood Center are sponsoring OUR OWN blood drive at OUR PARISH HALL on Thursday, February 16th, from 2:00 to 4:15 and 5:00 to 8:00. I will be in the front vestibule signing up volunteers after all Masses the weekend of February 11th and 12th. Here are some interesting facts:

Did you know that...?

1.The blood drives are scheduled every 58 days or more- and all 4 blood drives will now be scheduled here at St. Vincent's!

2.It's very healthy for the heart, especially for men to donate 3-4 times per year as this lowers iron in the blood stream and reduces the risk of stroke and heart attack?

3.That most people over 16 can donate if they are 110 pounds or heavier? (with a permission slip under 18)

4.Most patients even on high blood pressure medications can now give? (If questions about eligibility, call the Puget Sound Blood Center Medication Nurse at 1-800-266-4033)

5.You should NOT donate blood if you've had a cold or virus in the last week. before the drive.

6.That one donation can help up to three patients?! (Our last blood drive alone benefited over 120 people in our community!)

Please think seriously about giving the gift of life) Our blood supply is only at 60% of normal and is perilously low! There is no substitute for it!

For more information, call David Caton, Jr. (St. Vincent's blood drive coordinator) at (253)835-3245

Feedback on the Crab Feed

"Best ever...can't wait till next years!"

"Can you guarantee 12 tickets for next year if we sign up tonight?"

"We thought the Kennedy Crab feed was the best, but they need to take lessons from you....yours is outstanding."

The compliments never stopped. Is it any wonder why everyone was so happy?

Let me help you get a clear mental picture of what got us to this point. At 12:00 noon it was bar the door Katie.....Set up Chairman Wayne Moritz had a crew with tape measures and table schematics. Then they rolled out the butcher paper and went to town.

At the same time the kitchen crew with Mike O'Connell and Tony Robinson started building salads, garlic bread, Ivars clam chowder, plating the cheesecake and numerous other tasks.

Mike Hemmer Raffle ticket Chair had his team prepped on selling the most tickets ever....

while leaving enough in their wallets and purses to make sure the tip jars were filled.

The rest of the support and crew were fantastic.....they did what needed to be done and served as if they'd been in the dining business for years.

There are so many of you that helped and provided the necessary ingredients to make this the

biggest and most successful event to date.....and to all of you (and you all know who you are).

I, and the team thank you. May we be continued to be blessed with Knights that join and unite in our endeavors to make all we do a commitment to our mission.

Thank you, it couldn't have been done without you.

David Myers, PGN, Crab Feed Chairman and Ken Baune, Co-Chair. What a team!

Questions for you Knights:

Submitted by Joe Clemens, PGK

1. Have you read the latest issue of the Columbia Magazine? You know it comes to you FREE!!
2. Did you read the articles on Father Michael J. McGivney, A friend of the Family?
3. Also the article on Pope Benedict XVI and his thoughts on Pope John Paul II?
4. Did you read the article on how you can receive, FREE, the Papal Prayer Cards that are available from Supreme, just by sending them an SASE to Supreme at Columbia. Columbia Plaza, New Haven Conn.06510-3326?

Sorry, if you haven't done these things, then you have missed the chance to get a wonderful understanding about your faith and the Knights of Columbus."

Joe Clemens, PGK



Council #7528 has a new Council Banner pictured here at our December Meeting...Thanks to Nestor Fernandez for making this happen!

A SPECIAL GROCERY LIST

Annie Redden, a poorly dressed lady with a look of defeat on her face, walked into a grocery store.

She approached the owner of the store in a most humble manner and asked if he would let her charge a few groceries. She softly explained that her husband was very ill and unable to work, they had seven children and they needed food.

John Longhouse, the grocer, scoffed at her and requested that she leave his store at once. Visualizing the family needs, she said:

"Please, sir, I'll bring you the money just as soon as I can"

John told her he could not give her credit, since she did not have a charge account at his store.

Standing beside the counter was a customer who overheard the conversation between the two.

The customer walked forward and told the grocer that he would stand good for whatever she needed for her family.

The grocer said in a very reluctant voice, "Do you have a grocery list?" Annie replied, "Yes sir."

"Okay" he said, "put your grocery list on the scales and whatever your grocery list weighs, I will give you that amount in groceries."

Annie hesitated a moment with a bowed head, then she reached into her purse and took out a piece of paper and scribbled something on it.

She then laid the piece of paper on the scale carefully with her head still bowed. The eyes of the grocer and the customer showed amazement when the scales went down and stayed down.

The grocer, staring at the scales, turned slowly to the customer and said begrudgingly, "I can't believe it."

The customer smiled and the grocer started putting the groceries on the other side of the scales.

The scale did not balance so he continued to put more and more groceries on them until the scales would hold no more.

The grocer stood there in utter disgust.

Finally, he grabbed the piece of paper from the scales and looked at it with greater amazement.

It was not a grocery list, it was a prayer, which said:

"Dear Lord, you know my needs and I am leaving this in your hands."

The grocer gave her the groceries that he had gathered and stood in stunned silence.

Annie thanked him and left the store

The other customer handed a fifty-dollar bill to the grocer and said; "It was worth every penny of it. Only God knows how much a prayer weighs."

THE POWER OF PRAYER Submitted by Joe Clemens, PGK



Welcome to our Newest Member:
Ricardo Herman (1/17/2006)
Pictured 2nd from left (front row)

Good of the Order

Listed are all of the those Brother Knights or family members who are Sick or in Distress

<i>Sick/Remember</i>	<i>Deceased</i>
Mike White	Nestor Fernandez' Aunt
Alex Plys	Gerald Wilson's wife Marie
Bill Thomas' mother-in-law	
Bill Martin	

Please keep these Knights and family members in your prayers. Thanks!

NOTE: Please contact Joe Penwell if you have knowledge of anyone sick or in distress.

THE 365 CLUB BY MAIL

Supporting Vocations is simple! All you have to do is join The Pennies For Heaven Crusade. The best way to do this is by becoming a member of The 365 Club. Donate a penny-a-day for a year (\$3.65 or more if you can) and offer a prayer a day for a year for Vocations! Pennies add up quickly and the prayers help. For Brothers who cannot always join us at our meetings, here is your chance to stand up and be counted as a supporter.

CLIP AND MAIL

To: Mike Fay, 365 Chairman

Yes, count me in as a Member of The 365 Club! I want to do my part to support Vocations.

Here is my contribution of \$ _____ Name: _____

Address: _____ City: _____

Mail your check to:

The 365 Club
Knights of Columbus, Council #7528
PO Box 24763

2005-2006 Council Officers and Program Chairman

Chaplain	Fr. John Horan		253-661-6561
Grand Knight	Kevin Buck	kbuck55@comcast.net	253-874-1370
Deputy Grand Knight	Mike Fay	mwfay@concast.net	253-838-6852
Chancellor	Ken Baune	baune@baunemail.com	253.946-6811
Warden	Nestor Fernandez	casanezo@msn.com	253-529-0253
Recorder	William Thomas	wthomas@bpa.gov	253.941-3639
Treasurer	Tom Skoda	tomskoda@msn.com	253-852-9485
Financial Secretary	Tim Philomeno	Tphilomeno@sparling.com	253-661-2296
Lecturer	Wayne Moritz	wmoritz@msn.com	253.941-0354
Advocate	Jeff Lee		206.824-5565
Inside Guard	Ben McGregor	Mcgregorbv@msn.com	253.529-8960
Outside Guard	Kurt Karasuda-Downing	karasuda-downing@nventure.com	253-952-3979
Trustee for 1 Year	Mike Hemmer	mshemmer@comcast.net	253-874-1192
Trustee for 2 Years	Tony Robinson	TOCARNW@aol.com	253-839-1084
Trustee for 3 Years	Dave Myers	Myers98023@comcast.net	253-941-0251
Program Chairman	Ken Baune	baune@baunemail.com	253.946-6811
Membership Chairman	Dave Myers	Myers98023@comcast.net	253-941-0251
Retention Chairman	Mike Hemmer	mshemmer@comcast.net	253.874-1192
Church Director	Ralph Horner	rphorner@worldnet.att.net	253.927-3678
Community Director	Bill Martin	billiejeanne@comcast.net	253-839-4736
Council Director	Mike White	whiteml@hotmail.com	253-945-6952
Family Director	Eddie Cooper	eddiecooper98@yahoo.com	253-946-9076
Vocations	Juan Lezcano	JFLEZCANO@msn.com	253-925-7206
Youth Director	Leo Herrera	luckyleo@hotmail.com	253.946-3482
Pro-Life Director	Nestor Fernandez	casanezo@msn.com	253-529-0253
Health	Dave Caton	thecatons@comcast.net	253-835-3245
Columbian	Jeff Markwith	jeffmarkwith@yahoo.com	253-838-1355
Insurance	Dave Paux	pauxfolk@comcast.net	253.946-0147
Insurance Agent	Ron Scholz	rscholzkofc@juno.com	253-804-9147
Good of the Order	Joe Penwell	JoePenwell@comcast.net	253-941-6339
Cross/Compass Editor	Tim Philomeno	Tphilomeno@sparling.com	253-661-2296

Birthdays and Anniversaries

<i>February Birthdays</i>				<i>February Anniversaries</i>	
3	Steven Drake	17	George Rutland	4	Stanley and Barbara Spencer
3	John McMahon	18	Richard Schumacher	5	Ted and Denise Gimlin
4	Stanley Spencer	21	Timothy McClain	12	Robert and Jeanne Hitchcock
5	Frank Comito	22	Clifford Owen	14	James and Elinore Alvarado
8	Arnold Lutovsky	24	David Caton	16	George and Dora Fetter
8	Gilbert Gruber	25	Damian Fischer	16	Bruce and Jove Hyde
10	William Barry	27	Melvin Studley	17	Michael and Traci O'Connell
15	Feeman Wood	29	Anthon Gittens	22	Mark and Kathi Igros
16	Robert Hitchcock			24	Nestor and Zora Fernandez
				26	Vincent and Shane Philomeno
2	Betty Medina	20	Linda Weigel		
2	Barbara Skoda	22	Ryong Oliveto		
3	Tracey Rockwell	24	Beth Philomeno		
12	Ramona Suinn	25	Teresa Suzuki		
20	Pamela Bianchi				

Council Calendar of Events

February 2006

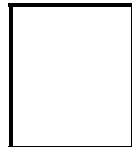
4th	Pro-Life poster and essay Spaghetti Dinner	6:00pm in St. Vincent's Hall
7th	General Meeting	7:30pm Narthex and Rosary 7:00pm Chapel
16th	Give Blood	
19th	Coffee & Donuts	After all masses
21st	Planning Meeting	7:30pm in Room "A" - 1st Degree at 7:00pm
27th	Mardi Gras Dinner for Grapevine	5:00pm to 6:00pm in the Parish Hall

March 2006

3rd	Fish Fry	5:30pm to 7:00pm in the Parish Hall
7th	General Meeting	7:30pm Narthex and Rosary 7:00pm Chapel
10th	Fish Fry	5:30pm to 7:00pm in the Parish Hall
17th	Fish Fry	5:30pm to 7:00pm in the Parish Hall
21st	Planning Meeting	7:30pm in Room "A" - 1st Degree at 7:00pm
24th	Fish Fry	5:30pm to 7:00pm in the Parish Hall
31st	Fish Fry	5:30pm to 7:00pm in the Parish Hall

Check out our website at <http://www.kc7528.org> for all of these events and more!

Knights of Columbus
PO Box 24763
Federal Way, WA 98093-1763



ADDRESS CORRECTION REQUESTED