



The Cross and Compass

St. Joseph Council #7528

<http://www.kofc7528.org>



Knights of Columbus

PO Box 24763

Federal Way, WA 98093-1763

January 2009



A Message from the Grand Knight

The first half of our fraternal year was successful. We held one fundraiser and helped the Mission Trekkers with their first dinner auction. Our Art Auction fundraiser produced the dollars we estimated. The Mission Trekkers event exceeded their estimate by 30%. We have our two major fundraisers the Crab Feed and Fish Fries starting very soon. We anticipate success providing the necessary money allowing us to fund the charities listed in our budget.

Council 7528 officers will attend the State mid year regional meeting in Chehalis, WA on January 18. Any Knight thinking of stepping into a leadership role next year is invited to attend. The meeting will be a tremendous help in fulfilling the duty of office.

Our volunteerism is alive and well. I thank everyone for attending, donating, and working at our events. We are role models for our youth in the parish. They will become what they see. Father Michael J. McGivney, our founder, was a wonderful leader and mentor. Please go to: www.FatherMcGivney.org to learn about his influences today, his faith, his legacy in the Knights of Columbus, his life and times, and the Father McGivney Guild. Please join the Guild. It is free and will keep you updated on the canonization process. Go here to join:

<http://www.fathermcgivney.org/mcg/guild/join/register.do>

In closing I ask each Knight to join the Father McGivney Guild, volunteer with our events, and help the less fortunate.

Vivat Jesus!

Ken Baune, GK

A Note from your Chancellor



By Nestor Fernandez, Chancellor

I have just finished totalizing our service hours for November. 729 is the number of reported hours for our council this month. I am always in awe at the wonderful things fellow Knights do. These are more than just numbers on a spreadsheet. They represent hope in the form of kindness to strangers. Compassion for the needy and service to our community. Unfortunately many have forgotten the true meaning of Christmas. It is much more than buying gifts for friends and family. It should be a joyous time we celebrate the birth of Jesus. God coming down to earth in the form of man. Teaching us a better way to live. Loving they neighbor. It is through your selfless acts that the Knights of Columbus honor the birth of Jesus. I am very grateful I belong to the Knights of Columbus and lucky to be in this council. In the coming months our council will have plenty of activities for us to participate in. Christmas Baskets, Pro-Life poster and essay contest, Free throw competition and the crab feed. I look forward to seeing all of you at these events. I would also like to thank all of you for your prayers doing my recovery. I can tell you they do make a difference. I would like to wish all of you a very Merry Christmas and a Happy New Year!

Nestor Fernandez

Family of the Month

November - the Edmund Molina Family

Knight of the Month

November - Jose Luis Vaquero

Attend a Squires Meeting

Did you know that we support a Columbian Squires Circle? Apostle Circle #4571 meets the 3rd Sunday of each month at 2:00pm in Room "A". Any Knight of Columbus is welcome and encouraged to attend. Why not attend and show your support for our future.

The Joseph M Clemens Memorial Rosary

Brothers...Please consider attending this recitation at 7 PM prior to our Council's monthly meetings. See you there. Dave McArdle

A Christmas Thank You

Twos 5 days before Christmas and the snow was coming down St. Vincent's was busy making sure love and joy was spread around. Deacon Graddon said the blessing then the hall came alive as the Society, Knights and Parishioners kicked into high. Put the food in the boxes, the gifts in the bags and make sure that the drivers were ready to ride. They went to the North; they went to the South and covered East and West without missing a house. When the afternoon was done all were tired, but happy because St. Vincent Parish made 120 families happy.

Many thanks to all who helped those 120 families have a wonderful Christmas, your generosity through donations, gifts and your time and talents made it all possible. St. Vincent de Paul Parish you are the true meaning of Christmas. May Our Lord continue to shower His Blessings upon you and your hearts be warmed with the knowledge that you do make a difference to so many. Thank you and God Bless-----St. Vincent de Paul Society and the Giving Tree.

And here are some pics...



Council Website

All members are encouraged to create an account at the council's website. The address is: <http://www.kofc7528.org>. Follow the instructions which are given on the "Before you try to login" page. There is a link to that page at the upper left of the home page. You will need your membership number to create your account and log in, but once you do, there will be additional material available to you. If you have any questions, don't hesitate to contact Tim Philomeno or me at webmaster@kofc7528.org.

Feel free to explore the site and come back often to see what has changed. We will continue to update information throughout the year, and new items will be added as fast as we can think them up and create them. There are several new pages in the works, and will be added as time permits. Feedback and suggestions are welcome. Just send an email with your ideas to: webmaster@kofc7528.org.

The "members only" pages include the Council Roster. The Council Roster provides the contact information of all of your brothers in the council. It is as accurate as the information that has been provided to us. If your information is incorrect, or not listed, please contact us at webmaster@kofc7528.org with the corrections.

Another page that anyone can visit is the "Introduction to Knights of Columbus" article. The link on the left side of the council home page will take you to a version that is easily viewed and read on line. From that page there is a link to a printable version (PDF) that can be a useful tool when you are recruiting new members. Remember to refer your candidates to our website as they can access a multitude of infor-

mation about us and there are a number of links to other websites with even more information.

There are a number of pages and lots of information available to everyone without logging in... and links to other important websites. As information that is posted on our site does change from time to time, it is a good idea to check back often. One option to help you to see some of the changes would be to make our site your browser home page. Then each time you open your Internet browser, you would at least glance at our council site.

Community

By Greg Vicars, Community Chairman

Brothers as the weather affect us with the snow and cold it's important to be prepared, check out the links on our Council website for:

Emergency Preparedness

Training Opportunities to serve larger community in a time of Disaster.

Snow routes for the City sanding and de-icing routes.

I received official notification that the grant funds that the City of Federal Way will be available this coming March, We will submit our request

for a portion of the grant to finally get St Vincent's retrofitted for backup power, let's pray that we are award a portion of this grant If any brother has experience in writing grants and willing to help, please let me know.

Sound Alliance update:

We have more information on our Council website thanks to our Info Chairman Kevin Buck, please check it out.

With the down turn in the economy, and the impact that is being felt on many of our families, I'm happy to report that we of Sound Alliance are working hard on getting Sustainable Jobs and, Education reform, to be some of the top priorities for this Legislative Session. Sound Alliance is also

negotiating with the Utility Companies , government Agencies both State and Federal, and the private business to help fund a pilot project for Energy Efficient retrofits for homes. Our goal is to

have 3-5 project sites of 1 square block retrofitting all the homes reducing energy use and carbon emissions. Then we will take it to scale, while creating livable wage jobs with benefits . to learn more give me a call 206-919-3559.

Membership

By Craig Patrick, Membership Chairman

It has been a great year so far. As of 12/31/08 we have eleven new members. Our newest member is Modesto Cathan. He goes by "Modee".

We are almost at our half way point of twenty five new members by the end of the year.

I would like to thank everyone who helped me out by bringing a form one hundred to me. Don't forget to pick one up at the table at our next meeting. They look a lot different and I can explain what has changed. Our next first degree exemplification will be on January 20th, at 7pm.

Take care and I'll see you at the January Meeting on 1/6/2009.

TEN GUIDELINES FROM GOD

Effective immediately, please be aware that there are changes YOU need to make in YOUR life. These changes need to be completed in order that I may fulfill My promises to you to grant you peace, joy and happiness in this life. I apologize for any inconvenience, but after all that I am doing, this seems very little to ask of you. Please, follow these 10 guidelines

1. QUIT WORRYING:

Life has dealt you a blow and all you do is sit and worry. Have you forgotten that I am here to take all your burdens and carry them for you? Or do you just enjoy fretting over every little thing that comes your way?

2. PUT IT ON THE LIST:

Something needs done or taken care of. Put it on the list. No, not YOUR list. Put it on MY to- do-list. Let ME be the one to take care of the problem. I can't help you until you turn it over to Me. And although My to-do-list is long, I am after all... God. I can take care of anything you put into My hands. In fact, if the truth were ever really known, I take care of a lot of things for you that you never even realize.

3. TRUST ME:

Once you've given your burdens to Me, quit trying to take them back. Trust in Me. Have the faith that I will take care of all your needs, your problems and your trials. Problems with the kids? Put them on My list. Problem with finances? Put it on My list. Problems with your emotional roller coaster? For My sake, put it on

My list. I want to help you. All you have to do is ask.

4. LEAVE IT ALONE:

Don't wake up one morning and say, "Well, I'm feeling much stronger now, I think I can handle it from here." Why do you think you are feeling stronger now? It's simple. You gave Me your burdens and I'm taking care of them. I also renew your strength and cover you in my peace. Don't you know that if I give you these problems back, you will be right back where you started? Leave them with Me and forget about them. Just let Me do my job.

5. TALK TO ME:

I want you to forget a lot of things. Forget what was making you crazy. Forget the worry and the fretting because you know I'm in control. But there's one thing I pray you never forget. Please, don't forget to talk to Me - OFTEN! I love YOU! I want to hear your voice. I want you to include Me in on the things going on in your life. I want to hear you talk about your friends and family. Prayer is simply you having a conversation with Me. I want to be your dearest friend.

6. HAVE FAITH:

I see a lot of things from up here that you can't see from where you are. Have faith in Me that I know what I'm doing. Trust Me; you wouldn't want the view from My eyes. I will continue to care for you, watch over you, and meet your needs. You only have to trust Me. Although I have a much bigger task than you, it seems as if you have so much trouble just doing your simple part. How hard can trust be?

7. SHARE:

You were taught to share when you were only two years old. When did you forget? That rule still applies. Share with those who are less fortunate than you. Share your joy with those who need encouragement. Share your laughter with those who haven't heard any in such a long time. Share your tears with those who have forgotten how to cry. Share your faith with those who have none.

8. BE PATIENT:

I managed to fix it so in just one lifetime you could have so many diverse experiences. You grow from a child to an adult, have children, change jobs many times, learn many trades, travel to so many places, meet thousands of people, and experience so much. How can you be so impatient

then when it takes Me a little longer than you expect to handle something on My to-do-list? Trust in My timing, for My timing is perfect. Just because I created the entire universe in only six days, everyone thinks I should always rush, rush, rush.

9. BE KIND:

Be kind to others, for I love them just as much as I love you. They may not dress like you, or talk like you, or live the same way you do, but I still love you all. Please try to get along, for My sake. I created each of you different in some way. It would be too boring if you were all identical. Please, know I love each of your differences.

10. LOVE YOURSELF:

As much as I love you, how can you not love yourself? You were created by me for one reason only -- to be loved, and to love in return. I am a God of Love. Love Me. Love your neighbors, also love yourself. It makes My heart ache when I see you so angry with yourself when things go wrong. You are very precious to me. Don't ever forget.

Good of the Order

Listed are all of the those Brother Knights or family members who are Sick or in Distress

Sick

Jeanne Hitchcock and family	Taylor Freyberg and family
Tom Appleton's mother	Cameron Lathan
Amanda Potter, Bill Thomas' step daughter	Jim Slawson Tony Robinson's nephew
Samantha Slawson (Tony Robinson's niece)	Jake Slawson (Tony Robinson's cousin)
Tony and Pam Frificioni Bob Pirolo's D & S in-Law	Bob Valley (Tony Robinson's cousin)
Dave Myers' father	Alex Plys
Dave Green	Gilson Neil
Lowell Larson	Charles Hyde
Donna Vicars	Ben McGregor

Deceased

Alex Plys and Sally Garnero (George Fetter's sister)
 All those who have joined Our Lord in Heaven this year
 Please keep these Knights and family members in your prayers.
 Thanks!
 NOTE: Please contact Joe Penwell if you have knowledge of anyone sick or in distress.

THE 365 CLUB BY MAIL

Supporting Vocations is simple! All you have to do is join The Pennies For Heaven Crusade. The best way to do this is by becoming a member of The 365 Club. Donate a penny-a-day for a year (\$3.65 or more if you can) and offer a prayer a day for a year for Vocations! Pennies add up quickly and the prayers help. For Brothers who cannot always join us at our meetings, here is your chance to stand up and be counted as a supporter.

CLIP AND MAIL

To: Jeff Markwith, 365 Chairman
 Yes, count me in as a Member of The 365 Club! I want to do my part to support Vocations.
 Here is my contribution of \$ _____ Name: _____
 Address: _____ City: _____
 Mail your check to:

The 365 Club
 Knights of Columbus, Council #7528
 PO Box 24763
 Federal Way, WA 98093-1763

2008-2009 Council Leadership

Chaplain	Fr. Bill McKee	frmckee@stvincentparish.org	253-839-2320
Grand Knight	Ken Baune	ken@baunemail.com	253-946-6811
Deputy Grand Knight	Jeff Markwith	JeffMarkwith@yahoo.com	253-838-1355
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Birthdays and Anniversaries

January Birthdays

1	Joseph Penwell	13	Roney Payappilly	28	Tony Robinson	15	Nina Kornell
2	Godday Igwala	15	James Miles	28	Robert Orlosky	18	Lisa Alfiler
3	Roy Nelson	19	Bruce Hyde	29	Gregory Nakata	18	Leeanna Caldera
4	Andrew Cataldo	19	Peter Roach	29	Gerald Duhamel	22	Mary Caton
4	Tito Alfiler	19	Franklin Seatz			26	Bunny Nelson
4	Victor Vaona	19	Nguyen Tran	5	Janet O'Leary Engel	26	Lynda Sandschulte
7	Roger Gallagher	19	Jim Freyberg	8	Christine Molina	29	Jeannie Best
7	Gary Best	20	Thomas Skoda	10	Anita Mayor	29	Mary Seatz
10	John Fleck	22	Andrew Chiedu	12	Ida Beltran	30	Mary Czuk
11	Dan Longpre	24	David Antonelli	12	Trish Ellingson	31	Shirley Longpre
13	Lawrence Weigel	25	Richard Gonzalez	13	Ramona Gagner		

January Anniversaries

	2	Thomas and Carrie Beyke
	4	Edward and Crystal Ross
	15	Steven and Pat Gentry
	27	David and Mary Seatz
	30	Adam and Stacey Werner

Council Calendar of Events

January 2009

1st	Happy New Year	
6th	General Meeting	7:30pm Narthex and Rosary 7:00pm Chapel
17th	Nativity House	
18th	Marriage Renewal Lunch	Parish Hall
20th	Planning Meeting and 1st Degree	7:30pm in Room "A" - 1st Degree at 7:00pm
22nd	Blood Drive	Parish Hall
24th	6th Annual Knights of Columbus Crab Feed	Parish Hall after the 5:00pm Mass

February 2009

3rd	General Meeting	7:30pm Narthex and Rosary 7:00pm Chapel
14th	Valentines Day	
17th	Planning Meeting and 1st Degree	7:30pm in Room "A" - 1st Degree at 7:00pm
25th	Ash Wednesday	
27th	Lenten Fish Fry	5:30 in the Parish Hall

Check out our website at <http://www.kc7528.org> for all of these events and more!

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ADDRESS SERVICE REQUESTED

